



"Civics 101" - Class #3 - i c stars Kansas City Cycle 1 - 12/1/23

Music = "In The Room" - Maverick City Music featuring Tasha Cobbs Leonard - <https://www.youtube.com/watch?v=0m6EFPXm57g> - Suggested by Tajah.

Book time with Tom

- <http://www.calendly.com/tom-tresser/30min>

History & Context from a Young Historian

- <https://www.kahlilgreene.com/biography> - <https://www.kahlilgreene.com/biography>
- Segment on American dystopia - <https://www.tiktok.com/@kahlilgreene/video/7216367047520062766?lang=en>
- Zoya - "Be a truth teller." the qutotables here are great
- Excellent new source - The Guardian - www.theguardian.com/us

How To Start a Movement - Importance of Followers

- Derek Sivers - <https://sive.rs>
- <http://www.youtube.com/watch?v=V74AxCqOTvg> - Movement from start to finish featuring the Shirtless Dancing Guy!
- First follower - shows other how to follow
- Leader embraces the follower
- First follower is an underrated leader!
- Crowd is needed - Movement must be public - More people = less risk and sSoon you will be ridiculed for NOT joining
- Are you a shirtless dancing guy?
- Really about the first follower!
- Comment "Made me happy to watch = to set an example is key"

Civic Muscle Small Groups



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Public Defender Civic Educator

Civic Muscle Group 2

Group members: Michael Young, Erin Cobbins, Dorshay Sambar

support our education

activism

know your government

voting

protecting our earth and its habitats

Networking and building diverse groups

Recycling

Organic farming / urban farming

being more energy efficient

volunteering

using public transport/ electric vehicles

conserving water

Supporting our elders

Mandatory Water Conservation

engaging in civic conversations respectfully

ENERGY AWARENESS

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Civic Muscle Group 3

Group members:

boys n girls club

Actively involved in the community

neighborhood clean

volunteering

donating to causes

Advocate

Conflict resolution

Authority

Voting

Attend city council meetings, school board meetings, or other public gatherings where decisions affecting your community are made. Be an active participant in the dem

Support small local businesses and initiatives, as they often play a vital role in community development and sustainability.

Youth engagement

Organizing the community and start addressing everyone's concerns

physic muscle in my terms is just being physically involved in your community and environment.

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Civic Muscle Group 4

Group members: zoya and sarah

teach civics

Has network relationships

Going out to vote

write a book

ENVIRONMENTAL AWARENESS- GET UP AND RECYCLE.

ADVOCACY

Knows their legislators

Cultural awareness and cultural acceptance

Participates in community events

Going to vote

Donating to causes

Protest!!!!

volunteering

write a book

know who you're voting for and what change you're trying to see implemented, align your beliefs, build relationships

THE ENVIRONMENT AFFECTS THE COMMUNITY AND IS EVEN BESIDES US IN OTHER COUNTRIES! BE A LEADER FOR ALL

if you don't have good intentions, don't engage, we don't want dictatorship

Write about it. (poetry)

Runs for office and boards they are passionate about

- Zoya - Tom For Mayor (Ha!)