



Civic Muscle Group 1

Group members:
Isaiah Adkins,
Cecelia Cobbs,
Valeria H
Garcia

Unity

Community
Awareness

**inform
yourself
and
others**

Volunteer

Network with
your
Community
Leaders

**Being
Active**

Volunteerism

History

Organize
workshops to
speak on civic
issues

Political
Engagement

donate to
causes/organizations
that you align with

**Policy
Research**

**working
with the
youth**

Community
Outreach

community
growth

Structure

**be an
advocate
for
change**

Group members:
Mitchell Young , Erin
Cobbins , Donshay
Somborn

"Civics 101"
i.c.stars |*  **Tom Tresser**
 Public Defender
 Civic Educator 



Civic Muscle Group 2



**support
our
education**

voting

**protecting
our earth
and its
habitats**

activism



**Networking
and building
diverse groups**



volunteering

Participate in or support civic organizations that align with your values. These groups often work on various issues, and your involvement can amplify their impact.



**Mandatory
Water
Conservation**



**know your
government**

Recycling



**Organic
farming /
urban
farming**

**being
more
energy
efficient**

**using public
transport/
electric
vehicles**

**engaging in
civic
conversations
respectfully**

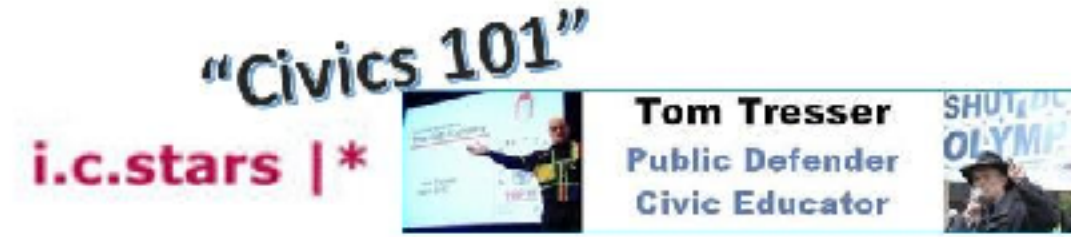


**Supporting
our elders**

**conserving
water**



Group members:



Civic Muscle Group 3

boys n girls club

Actively involved in the community

Attend city council meetings, school board meetings, or other public gatherings where decisions affecting your community are made. Be an active participant in the dem

Support small local businesses and initiatives, as they often play a vital role in community development and sustainability.

Voting

neighborhood clean

physics muscle in my terms is just being physically involved in your community and environment.

Advocate

Youth engagement

Organizing the community and start addressing everyone's concerns

volunteering

donating to causes

Conflict resolution

Authority

Group members:
zoya and sarah

teach civics

"Civics 101"

i.c.stars | *



Tom Tresser
Public Defender
Civic Educator



Civic Muscle
Group 4

Has network relationships



Knows their legislators

Cultural awareness and cultural acceptance

Participates in community events

Going to vote

Donating to causes

Going out to vote

write a book



Protest!!!!

know who you're voting for and what change you're trying to see implemented. align your beliefs. build relationships



THE ENVIRONMENT AFFECTS THE COMMUNITY AND IS EVEN BESIDES US IN OTHER COUNTRIES! BE A LEADER FOR ALL

volunteering

write a book

ENVIRONMENTAL AWARENESS- GET UP AND RECYCLE.

WORK ON COMMUNICATION BC WHAT YOU SAY DOESN'T MATTER UNLESS HOW YOU SAY IT IS EFFECTIVE

ADVOCACY

if you don't have good intentions, don't engage. we don't want dictatorship



Write about it. (poetry)

Runs for office and boards they are passionate about