

# Embracing the Wild

The Raising of a Wild Child

# WHY EMBRACE THE WILD 'NATURE'

Children are energetic as well as curious.

This means they need a way of 'letting loose'.

The best thing to let a child do is to go touch, smell, and roll around in nature.

Being outside actually helps children who have fatigued themselves either, replenish or calmly relax and shut down for the day.

Children get more of an 'experience' outside and that term is in quotations for a reason.



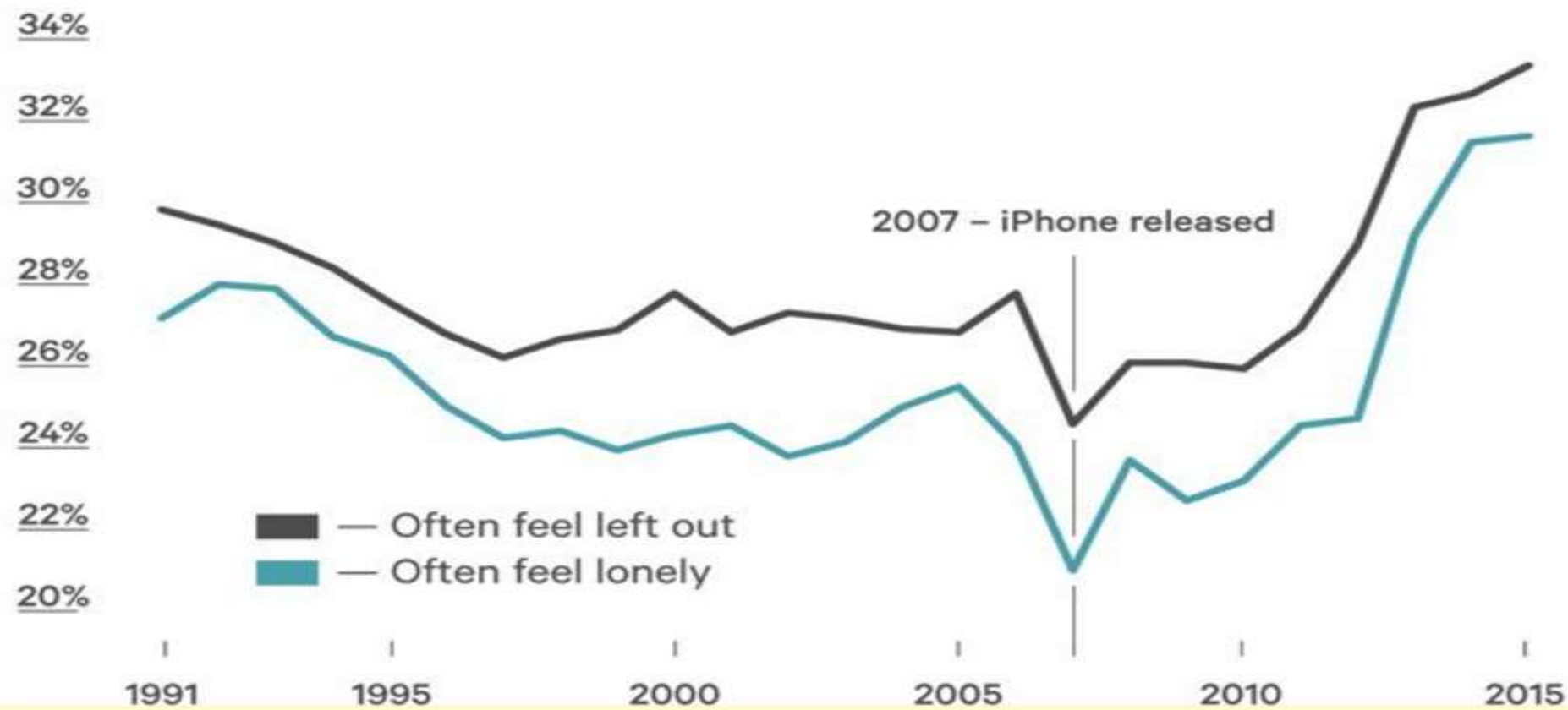
# TOP REASONS IT HELPS

1. Primary group ties
2. Stimulation and fun
3. Expansion of self
4. Adult status, identity
5. Achievement, creativity
6. Morality, social duty
7. Power and influence



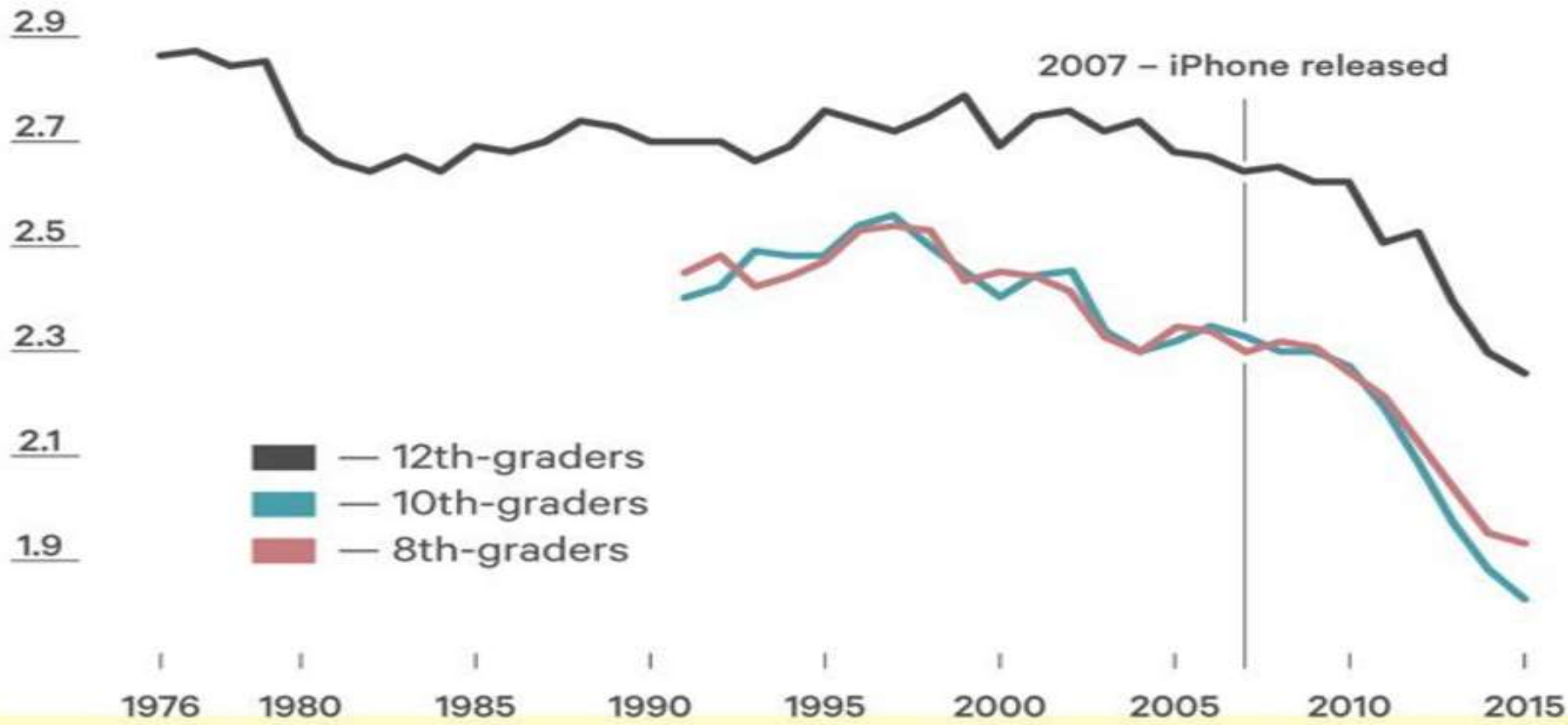
# More Likely to Feel Lonely

Percentage of 8th-, 10th-, and 12th-graders who agree or mostly agree with the statement "I often feel left out of things" or "A lot of times I feel lonely"



# Not Hanging Out With Friends

Times per week teenagers go out without their parents





# STATISTICS

A study by University of Illinois researchers Andrea Faber Taylor, Frances E. Kuo and William C. Sullivan has revealed that the symptoms of children with Attention Deficit Disorder (ADD) are relieved after contact with nature. The greener the setting, the more the relief. Children actually perform better on schoolwork after those experiences. By comparison, activities indoors such as watching TV, or outdoors in paved, non-green areas leave ADD children functioning worse.

(Coping With ADD: The Surprising Connection to Green Play Settings, Environment and Behavior. Vol. 33 No. 1. January 2001. 54-77.)

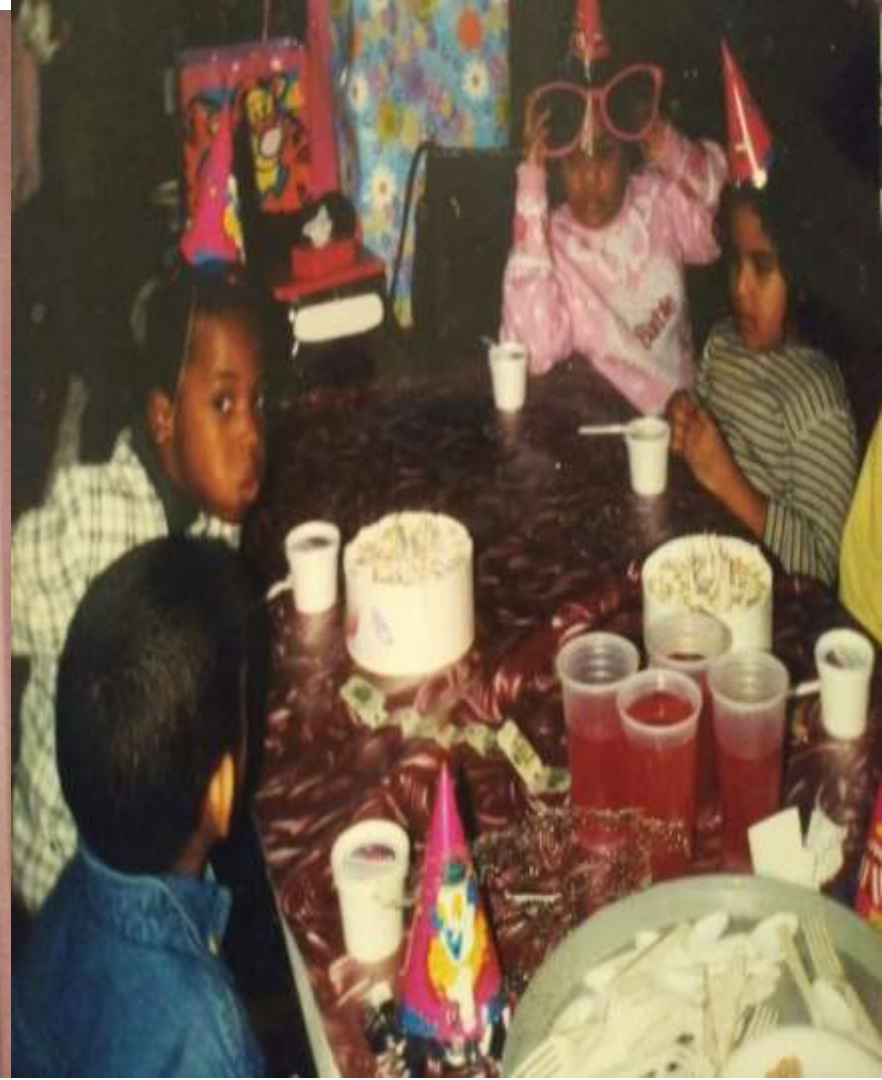
# A PHYSICAL PIECE OF PROOF



Jabuan Thomas  
Sleep











Just from the looks of these photos which isn't much but does what it needs to, when children get to go out and have an outside life it braces them for adulthood in a positive way.

My sister and myself are testaments to that we've never had a dull childhood as long as we were outside it gave us the chance to socialize as well as work off some 'stress' though as kids we really had no concept of what the word entailed.